## **ABSTRACT**

[0034] The invention relates to a washing machine comprising parts that are mounted in a manner that permits them to oscillate, particularly washing machine tubs, on which ballast bodies are fixed. The ballast body (1) is approximately shaped like a ring or ring segment with a selectable cross-sectional thickness and comprises, on at least one circular are, a number of recesses (11, 11', 11", 15) and/or openings whose surfaces on points of contact are complementary to corresponding outer contours (232, 242) of fixing elements (23, 24) on the part. The ballast body (1) is preferably made of plastic and ferrous material, which is shaped by injection molding a thermoplastic material, which contains significant proportions of filling material consisting of hematite and./or magnetite, in order to form a ballast body (1) having a density > 2.4 g/cm<sup>3</sup>.